

## Record for Ongoing Professional Development

Date	Event	Hours	Signature of authorised Personel

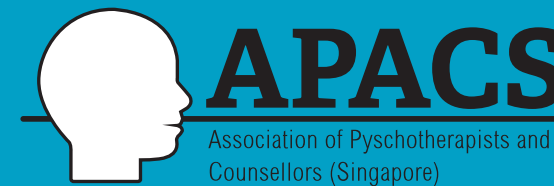
Both evidence of Professional supervision hours and Ongoing Professional development has to be submitted together with your annual membership renewal fees before your membership can be validated and renewed.

A minimum 25 points of Ongoing Professional Development and a minimum of 10 hours of Professional Supervision is needed.

Your 25 points of Ongoing Professional Development can be accumulated through the following routes and has to be related to counselling / psychotherapy.

- |  |                              |
|--|------------------------------|
| 1. Reading a journal, book or review                                 | 2 points (maximum 4 points)  |
| 2. Watching movie, CD, etc.,   | 1 point (maximum 2 points)   |
| 3. Attending APAC(S) approved workshops, seminars, talks.            | 2 points (maximum 4 points)  |
| 4. Conducting relevant Workshops                                     | 2 points (maximum 4 points)  |
| 5. Attending relevant conferences (Local / International)            | 4 points (maximum 8 points)  |
| 6. Presenting a paper/workshop in conference (Local / International) | 6 points (maximum 12 points) |
| 7. Attending APAC(S) workshops - full day                            | 4 points                     |
| 8. Attending APAC(S) workshop - half day                             | 2 points                     |

This log book is to be used for APAC(S) Member in conjunction with Membership renewal.



LOG BOOK

## Ongoing Professional Development & Professional / Peer Supervision

Please send the original log book to APAC(S) with your payment invoice. It is highly advised that you keep a copy of this log book for your own records

